



SACRED HEART PARISH

Sunday 9th March 2025

1st Sunday of Lent



Priest: Kieran C.P.

Deacon: Joe Baxter



Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm , Mon -Fri.

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil:	6.00pm:	The Fanning Family, Anniversaries Mass
Sunday Masses:	9:30am:	Mary Donaghy, Anniversary Mass
	11:30am:	Michael, Mary & Ann Marie McInerney & Pauline Flood, Anniversary Mass
Weekday Masses:	Monday 10:00am:	Hugh Bradley, Anniversary Mass
	Tuesday 7:00pm: Novena	Gerard & Annie Rogan & Gerard Rogan, Anniversary Mass
	Wednesday 10:00am:	Mary & Stuart Baxter, Anniversary Mass
	Thursday 10.00am:	Frankie Gibson, Anniversary Mass
	Friday 10:00am:	Eamonn Loughens, Anniversary Mass

Confessions & Adoration: Saturday: 5:00pm - 5.45pm.

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm.
Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

10th March, St John Ogilvie
11th March, St Aengus

~Recently Deceased~

Eileen McNamara (formally of Brompton Park/ died in New Jersey January 2025)
Margaret Leahy
Maureen McMillan
Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Ellen Overend
Joan Graves
Sarah & Fred Mawhinney
Tilly & Sam Mahoney
May & Dirk LeMahieu

~Weekly Collection~

£1172.00

~Monthly Offering~

£338.90

Thanks You For Your Generosity

~Anniversaries~

Rosaleen McClenaghan

Eternal rest grant unto them, O Lord

~Baptisms~

Welcome into our Community

Ruadhán Kennedy
Kye McCloskey
Lewis Daniel Taggart
Ronán Mark McGeough

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You. Never permit me to be separated from You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY	
<p>A message from +Alan McGuckian SJ, Bishop of Down and Connor.</p> <p>“Seeking the Truth “, mandated by the Northern Ireland Executive. This programme is a recommendation from the Truth, Acknowledgement, and Accountability Report, which investigated the operations of Mother and Baby Home Institutions, Magdalene Laundries and Workhouses in Northern Ireland. If you or a family member have been affected by a Mother and Baby Home Institution, Magdalene Laundry, or Workhouse, the Truth and Recovery programme would like to hear from you.</p> <p>Thank you for your cooperation and support. God Bless</p> <p><i>+ Alan McGuckian SJ.</i></p> <p>The Truth Recovery Independent Panel has been appointed by the Executive Office to carry out an independent investigation. We wish to hear from: Any person who has been directly impacted. Relatives of those directly impacted. Any person who has worked, volunteered in, or lived in close proximity to one of these institutions. Can you help? Please get in touch. Truth Recovery Independent Panel, 4th Floor, Equality House 7 - 9 Shaftesbury Square, Belfast, BT2 7DB. 028 9052 0263 (Monday – Friday 11am - 12pm and 3pm - 4pm or leave a voicemail on our secure answering service outside of these hours.) Email: testimony@independentpanel.org.uk Website: www.independentpanel.truthrecoveryni.co.uk</p>	
<p>Pope Francis has invited us this Lent to “Journey in Hope Together”. A short-term pledge is available via www.pioneerassociation.org for parishioners who wish to become a “pilgrim of hope” for people who are living under the shadow of addiction.</p>	
<p>Cursillo Weekend (Mens). 3rd April, 2025. 3 days. Carmelite Retreat Centre, Termonbacca, Derry. For more information please contact: Divine Mercy at Sacred Heart Parish, Friday's at 2.30pm. Or via email divinemeracybelfast@gmail.com</p>	
<p>Catholicism: A Lenten course exploring the riches of our Catholic faith. In Holy Family Church on the Wednesday evenings of Lent, 7pm-8:30pm, beginning Wednesday 12th March. All Welcome.</p>	
<p>Walking in the steps of Jesus this Lent. A 6 week Lenten journey inspired by the Sunday gospels, and the lives of the Irish saints. From St Patrick's prayers on the mountain, to St Brigid's acts of compassion, their lives remind us that holiness is lived in simple, everyday choices. In Holy Family Church on the Wednesdays of Lent at 10.15am, beginning Wed. 5th March.</p>	
<p>New Offertory Envelopes for 2025 are available from the office.</p>	
<p>St Patrick's Day & Easter Mass Bouquets are now available from the office.</p>	
<p>Trócaire Lenten Boxes are available at the back of the church. These should be returned on Holy Thursday.</p>	
<p>Beginning Experience. The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering 'a weekend away for a lifetime of change' at Drumalis Conference and Retreat Centre, Larne, Friday 21st – Sunday 23rd March 2025. To find out more, contact Pauline 07519289185 or Marie 07896119669 or email belfastbe@yahoo.com</p>	
<p>Chatty Café. Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.</p>	
<p>AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)</p>	
<p>Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p>Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p>The Spred Group meet every second Monday in the Parish Hall at 7pm.</p>	
<p>Ladies Pensioners Group meets every Thursday in the Parish Hall at 1pm. All welcome</p>	
<p>The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.</p>	
<p>Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222</p>	<p>Al-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124</p>
<p>Sacred Heart of Jesus, I place all my trust in Thee</p>	